

# NATURE ACTIVITIES for the birds & bugs

## How to make your own bird feeder

### What you need:

- dry ingredients
  - bird seed
  - cooked rice
  - grated cheese
  - dried fruit
  - breadcrumbs
  - chopped nuts
- hard cooking fat (lard or dripping)
- a fir cone, coconut shell or yoghurt pot
  - Use an old yoghurt pot for this, and always recycle after it's been used
- string

1 Mix all the dry ingredients together in a bowl



2 Add the fat and give it a good mix around

3 Choose your feeder



plaster all over a fir cone



put it round the inside of a coconut shell



press into a yoghurt pot

You can hang this upside down like a bell or turn it out like a cake

4 Hang your feeders with string (you may need to make holes and tie the string in before adding the mix)



Hang your feeder where you can watch birds without disturbing them

If you need to melt the fat, ask an adult to help



## Make an insect hotel

### the express way!

#### What you need:

- hollow plant stems, like bamboo canes
- twigs and sticks
- String

1 Collect handfuls of stems, twigs and sticks.

2 Tie the bundles quite tightly in two places.

3 Post into a hedge/bush or hang in a sheltered place.



### the deluxe way!

#### What you need:

- Small logs or untreated timber
- hollow plant stems, like bamboo canes
- twigs and sticks
- An adult to help with tools:
  - woodsaw
  - nails and hammer or screwdriver and wood screws
  - drill and 5mm wood bit

1 Make a wooden frame, fixing the wood with screws or nails.

2 Fill the frame with stems, twigs and sticks.

3 Fix a wire loop to the back of the frame and hang somewhere sheltered.



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